



A Midwife for Better Birth

Dana Savage, RM, CPM

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ABOUT YOUR MIDWIFE

Dana Savage, RM, CPM

Since 1982, I have attended 659 couples in childbirth. 437 hospital births (as a doula), 222 homebirths – 69 assists and 153 as primary care giver.

January 18 - 30, 2010 – Practice Growth Acceleration, Patient Management (Clearwater, FL)

November 20 – 22, 2009 – Nutrition Response Testing Intermediate Training (Clearwater, FL)

October 8 – 10, 2009 – Nutrition Response Testing Basic Training (Denver)

November 7, 2008 - Colorado Springs OB/GYN Update (7.0 CEU's)

June 27 – 29, 2008 – SoulCollage® facilitator training

June 5, 2008 – Herbal Remedies for the Menopausal Years w/Sage Woman Herbs

March 6 – 9, 2008 - Trust Birth Conference in Redondo Beach, CA (19.75 CEU's)

March 3, 2008 – Post Partum Hemorrhage w/Colorado Gynecological and Obstetrical Society (1 CEU)

June 8 – 9, 2007 – Conference with Pam England, Healing Birth Trauma (7.4 CEU's)

May 4-5, 2007 – CMA Conference w/Ina May Gaskin (12 CEU's)

November 8, 2005 - Birth Certificate Training with CDPHE, October, 2006

April 8 – 9, 2005 – UMA Conference, Salt Lake City, Utah (19 CEU's)

August 20, 2004 – Case Studies in Maternal and Perinatal Mortality, Denver, CO, (6.8 CEU's)

March 2004 – Accepted as a preceptor for National College of Midwifery, Taos, NM

February 7 – 8, 2004 – What's New and Review w/Pam England in Albuquerque, NM

September 17 – 18, 2003 – NACC's "How to Start a Birth Center" Conference in Orlando, FL

September 2, 2003 – Received CPM credential from NARM

August 2003 – Became member of NACC (National Association of Childbearing Centers)

July, 2003 – Applied to NARM for CPM credential, renewed 2006, 2009

May 2-4, 2003 – CAPP National Conference in Denver (12.2 CEU's)

March 13, 2003 – Med2000 Diabetes Seminar (7 CEU's)

January 20, 2003 – Membership to CAPP (Childbirth and Postpartum Professionals Association)

November 22, 2002 – Newborn Hearing Screen Training on OAE

November 14, 2002 – My Photo Journal of Tiffany Yeater's birth was accepted by Midwifery Today for print in the Winter 2002 issue.

October 24-27, 2002 – MANA Conference in Boston

September 8, 2002 – CMA Conference

September 6, 2002 – Parents Birthday Event in Boulder with Pam England

June 7 – 9, 2002 – Level One Birthing from Within Workshop with Pam England

November 2001- Became member of MANA (Midwives Alliance of North America)
Renewed – 2002, 2004, 2005, 2007, 2008

August 23, 2001 – Department of Vital Statistics Conference and Certification

July 2001 – Suturing Workshop and Peer Review

September 19, 2000 – Received license from the State of Colorado to practice direct-entry midwifery. Renewed 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008

August 16, 2000 – Sat for the NARM (North American Registry of Midwives) exam in Denver. Colorado recognizes the NARM exam and uses it as a standard for state licensing.

February 2000 – Certified in NELS (Newborn Emergency Life Support) Certified to carry Oxygen.
Recertified 2002, 2004, 2006, 2008

August 1999 to 2005 – Director of Art for Everyone

1996 – Suturing Workshop

1995 – CMA Conference in Parker, CO with Valerie El Halta, Shoulder Dystocia, Pain Management at Home. Also, The Business of Midwifery by a local CPA, and Department of Regulatory Agencies.

January 1994 – February 2000 – Attended midwifery classes taught by Jeanie Rosburg at the Springs Area Midwifery Center, volunteered at the center, participated in prenatal care, birth, newborn care and postpartum care under Jeanie's supervision. During this time of study and practical application, I met all the criteria as specified by the Colorado Midwife's Practice Act to become eligible to take the state midwifery exam in order that I might obtain a license to practice midwifery in the state of Colorado.

1994 – Phlebotomy Workshop

1994 – Newborn screen/assessment Workshop

- 1994 – CMA conference w/Ina May Gaskin in Colorado Springs, Difficult Second Stage, Breech Birth
- 1994 – Workshop on Physical Assessment and Risk Assessment During the Childbearing years.
- 1993 – Began training as a student of midwifery, becoming an apprentice to the model of direct-entry midwifery. Jeanie Rosburg from the Springs Area Midwifery Center is my mentor, teacher, preceptor and friend.
- 1993 – Member of Colorado Midwives Association, renewed 1994, 1995, 1996, 2001, 2002, 2004, 2006
- 1993 – CPR certification for health care providers, recertified 1995, 1997, 2000, 2002, 2004, 2006, 2008
- 1985 – Co-founded Birthcoach, a non-profit organization in Denver, whose main purpose was to train women to be proficient in the task of assisting women in labor, providing companionship, and to be an advocate for the woman and her baby. To provide companionship to women who did not have partners in birth. And to strategically match coaches and clients demographically throughout the Denver/metro area. Approximately 15 hospitals.
- 1984 –1985 – President of Cesarean Support Group of Denver
- 1984 – Guest speaker at University of Colorado Health Sciences School of Midwifery, Topic: Childbirth Education, again in 1985
- 1983 – 1984 – Elected Vice-president of Cesarean Support Group of Denver
- 1982 – present – Have assisted 659 families in birth preparation, education, and labor assistance. i.e.; labor coach, doula, birth advocate, assistant midwife, primary care-giver.
- 1982 – Began teaching private childbirth classes in Denver. It became a regular practice for my couples to invite me to labor coach their births.
- 1982 – Founded the first Support Group for Cesarean Parents in Colorado Springs. Developed curriculum and taught cesarean childbirth classes, which were actually the first VBAC classes in Colorado.
- 1982 – Completed certification to teach Sheila Kitzinger’s method of childbirth and breastfeeding classes.
- 1981 – Accepted into a certification program by the Association of Prepared Parenthood to train and teach prepared childbirth classes. (Sheila Kitzinger’s method)

PERSONAL BIRTH HISTORY

- I have been married 33 years.
- I have had 10 pregnancies, 7 living children, 3 miscarriages.
- I have had 2 premature babies (one at 36 wks. and one at 32 wks.)
- I have had one cesarean for prematurity and breech presentation.
- I have had 5 VBAC births.
- I have had 6 hospital births.
- I have had 1 baby born at home.
- I have breastfed all 7 babies.
- I have 4 grandchildren, 3 were born at home.

(07-02-2010)